



West Coast College of MASSAGE Therapy

## Introduction to Massage Therapy Program Registration

### Practical Prerequisite Program - Fee: \$300.00

This course is open to anyone interested in massage in general, as well as being the practical prerequisite for applicants to the Registered Massage Therapy Diploma Program. **PLEASE NOTE: Registration form must be received at the College no later than one (1) week prior to the commencement of the Introductory Massage Course.**

### PROGRAM REQUESTED – PLEASE CIRCLE THE PROGRAM DATE YOU WISH TO ATTEND

Oct 1 <sup>st</sup> -3 <sup>rd</sup> 2021	Feb 25 <sup>th</sup> -27 <sup>th</sup> 2022	Apr 1 <sup>st</sup> -3 <sup>rd</sup> 2022	Jun 24 <sup>th</sup> -26 <sup>th</sup> 2022	Sept 23 <sup>rd</sup> -25 <sup>th</sup> 2022	Nov 4 <sup>th</sup> -6 <sup>th</sup> 2022
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### PERSONAL DATA – Please complete all of the spaces below. If not applicable to you, indicate “N/A”. Do not leave blank.

Family (Last) Name:		Given/First Name (legal):		Middle Name:	
Previous /Maiden Name (if applicable):		Email Address:			
Apt/Suite	Permanent Street Address	City	State/Province	Postal Code/Zip	Country
Telephone – Mobile:		Telephone – Home:		Telephone – Business:	
Birth Date: (month, day, year)		Gender:		First Language (must complete):	
(M) _____ (D) _____ (Y) _____		<input type="checkbox"/> Male <input type="checkbox"/> Female <input type="checkbox"/> Other		<input type="checkbox"/> English <input type="checkbox"/> French <input type="checkbox"/> Other	
Residency Status:				Date of Entry into Canada (if applicable):	
<input type="checkbox"/> Canadian Citizen <input type="checkbox"/> Landed Immigrant <input type="checkbox"/> Study Permit <input type="checkbox"/> Other Visa				(year) _____ (month) _____	

### PAYMENT INFORMATION NOTE: An NSF fee of \$50.00 will be charged for any returned cheque.

Payment information- \$300.00 payment is required upon registration to the program (50% non-refundable withdrawal fee)

NAME APPEARING ON CARD: \_\_\_\_\_

\_\_\_\_ MasterCard \_\_\_\_ Visa CREDIT CARD NUMBER: \_\_\_\_\_

EXPIRY DATE (month/year): \_\_\_\_\_ SIGNATURE APPEARING ON CARD: \_\_\_\_\_

### CONFIRMATION OF FITNESS TO PARTICIPATE IN PROGRAM

Forward completed application to: WCCMT, 100-818 Broughton Street, Victoria, BC V8W 1E4: [vicadmissions@collegeofmassage.com](mailto:vicadmissions@collegeofmassage.com)

I confirm that I am healthy, fit and able to participate in all aspects of the Introduction to Massage Therapy Weekend Course. I have not suffered an injury which may, in any way, impede my ability to participate in this course. I further confirm that, as of today's date, I do not have an open ICBC/WCB injury claim.

\_\_\_\_\_ I confirm that I do not have an open claim

\_\_\_\_\_ I confirm that I do have an open claim

\_\_\_\_\_  
Participant's Signature

\_\_\_\_\_  
Date



**West Coast College of Massage Therapy Inc.**  
**West Coast College of Massage Therapy**  
 100-818 Broughton Street  
 Victoria, BC  
 Phone: 250-381-9800 ext. 227  
 Email: [vicadmissions@collegeofmassage.com](mailto:vicadmissions@collegeofmassage.com)

The West Coast College of Massage Therapy is designated by the Private Training Institutions Branch. Introduction to Massage Therapy Does Not Require Approval and was not reviewed by PTIB.

### STUDENT INFORMATION

<b>Last Name</b>	<b>First Name</b>
<b>Mailing Address:</b>	
<b>Student Telephone Number</b>	<b>Student Email Address</b>

### PROGRAM INFORMATION

Program Title:	Introduction to Massage Therapy		
18	0		
Hours of Instruction during Contract Term	Program Duration in weeks	Contract Start Date	Contract End Date
Program Delivery: (select all that apply)	<input checked="" type="checkbox"/> In-class	<input type="checkbox"/> Distance	<input type="checkbox"/> Combined
Language of Instruction:	English		

### PROGRAM OUTLINE

Introduction to massage therapy as a regulated health profession, demonstrations of draping, biomechanics and demonstration of massage techniques for the back.	2 hours
Review of massage techniques for the back followed by student exchanges. Demonstration of draping and massage techniques for lower extremity followed by student exchanges. Demonstration of draping and massage techniques for upper extremity followed by student exchanges.	8 hours
Review quiz. Demonstration of draping and massage techniques for the upper chest, neck, face and scalp followed by student exchanges. Review of draping and application of massage techniques for full body massage. Comprehensive full body massage and evaluation. Comprehensive full body massage and evaluation. Question period.	8 hours

## PROGRAM COSTS

Total tuition payable during contract term	\$	300.00
List all additional administrative, application, assessment, course material and other mandatory fees, adding lines as necessary.	\$	N/A
<b>TOTAL PROGRAM COST</b>	<b>\$</b>	<b>300.00</b>

## TUITION REFUND POLICY

Circumstances	Amount of Refund
<ul style="list-style-type: none"> <li><b>Before program start date</b>, institution receives a notice of withdrawal (applies to all students)</li> </ul>	50% tuition and all related fees, other than the application fee. Related fees include: administrative fees, application fees, assessment fees, and fees charged for textbooks or other course materials.
<ul style="list-style-type: none"> <li><b>After program start date</b>, WCCMT provides a notice of dismissal or receives a notice of withdrawal;</li> <li><b>“No Show”</b> Student does not attend the first 10% of the program</li> </ul>	No refund will be provided.
<ul style="list-style-type: none"> <li><b>WCCMT receives a refusal of study permit (applies to international students requiring a study permit):</b></li> </ul>	100% tuition and all related fees, other than application fee.

WCCMT will pay the tuition or fee refund **within 30 days** after receiving notice of withdrawal or refusal of study permit; providing a notice of dismissal, or the date on which the first 10% of the hours of instruction are provided (no-show).

## PRIVATE TRAINING INSTITUTIONS BRANCH

The program of instruction outlined in this student enrolment contract does not require approval under the *Private Training Act*.

Students may not file a claim against the Student Tuition Protection Fund with the Trustee in respect of this program of instruction.

Should you have any questions, you may contact the Private Training Institutions Branch of the Ministry of Advanced Education, Skills and Training at:

Tel. (604) 569-0033 or 1-800-661-7441

Fax. (778) 945-0606

[www.privatetraininginstitutions.gov.bc.ca](http://www.privatetraininginstitutions.gov.bc.ca)

[PTI@gov.bc.ca](mailto:PTI@gov.bc.ca)

## STUDENT SIGNATURE

Student Signature	Date Signed
Signature of Parent or Legal Guardian	Date Signed

## INSTITUTION SIGNATURE

Signature of Institution Representative 	Date Signed
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# WEST COAST COLLEGE OF MASSAGE THERAPY

## INTRODUCTION TO MASSAGE THERAPY PROGRAM OUTLINE

**INSTRUCTOR: Fran Blake, RMT, BA**

### **COURSE DESCRIPTION:**

This course is designed to introduce students to basic manual applications of massage therapy for general relaxation. Students will learn safe and appropriate biomechanical skills, hygiene standards, patient handling, table setup, and draping techniques as they develop their palpation and tactile skills. Students will also be introduced to the profession of Massage Therapy as it exists in BC.

### **COURSE OBJECTIVES:**

Upon completion of this course the participants will be able to:

- Define and describe basic therapeutic massage techniques  
i.e. palpation, effleurage, petrissage: wringing, kneading, stroking.
- Apply basic therapeutic massage techniques for general relaxation massage.
- Recognize **contraindications** to therapeutic massage.
- Utilize the basic biomechanical skills while performing therapeutic massage techniques.
- Use appropriate draping methods.
- Practice the Basic Principles of Application - i.e. Superficial-Deep-Superficial.
- Describe the profession of Massage Therapy as it exists in B.C.

### **SCHEDULE:**

<b>Friday (6:00-9:00 pm)</b>	Introduction of massage therapy as a regulated health care profession in B.C. Demonstration of draping, biomechanics and demonstration of massage techniques for the back.
<b>Saturday (9:00 am-5:00 pm):</b>	Review of massage techniques for the back followed by student exchanges. Demonstration of draping and massage techniques for lower extremity followed by student exchanges. Demonstration of draping and massage techniques for upper extremity followed by student exchanges.
<b>Sunday (9:00 am-5:00 pm):</b>	Review quiz; demonstration of draping and massage techniques for the upper chest, neck, face and scalp followed by student exchanges; review of draping and application of massage techniques for full body massage; comprehensive full body massage and evaluation.

### **GENERAL INFORMATION:**

- Please wear comfortable clothing that will allow movement and not restrict your range of motion – sweat pants, athletic wear, runners, short-sleeved shirts. Please trim fingernails and do not wear excessive jewelry or perfume. **Excellent hygiene is required.** Expect to practice massage techniques on fellow classmates. You will be disrobing but undergarments will be kept on and you will be covered and draped at all times.
- We are located at 100-818 Broughton Street, Victoria, BC.
- Parking is available on the street, underneath the Victoria Public Library down the road, or on Meares St. off of Quadra. Please allow time to find parking. Parking is not permitted under our building.
- You will have a 1-hour lunch break on Saturday and Sunday. You may bring your own lunch or visit a restaurant or café in the area. No food or drink (except for water) will be allowed in the practical classroom.
- **Remember to bring a water bottle!**

Initials (required)

