

## Heidi Schwinghammer

1. Where did you go to school? When did you graduate?

I went to VCMT - Vancouver college of massage therapy. I graduated in the summer of 2017.

2. What do you do for work outside of WCCMT?

RMT practice - Driftwood Sport and wellness.

3. What inspires you about the profession of Massage Therapy?

The adventure of constant learning and appreciation of the human form and the minds that inhabit them.

4. What do you enjoy doing in your time away from work?

I love being in the mountains or ocean side in the surf.

5. What do you enjoy about working with the students and teaching at WCCMT?

Every day I work in the school a student see's something for the first time with fresh eyes and has different assumptions than my own. I enjoy the diversity in thinking amongst the students

6. Are there any other interesting pieces of information about yourself that you would like people to know?

I am also a sea kayak guide and have a passion for the ecological and health benefits of seaweed found in the PNW.