

Lalita Keuhn

1. Where did you go school? When did you graduate?

I attended WCCMT and graduated in Dec 1995

2. What do you do for work outside of WCCMT? (Type of RMT practice, other teaching, etc)

I have a Clinical Practice in Vancouver and a Sports Massage Therapy Practice. I am also a Personal Trainer and Group Fitness Instructor

3. What inspires you about the profession of Massage Therapy?

There is still so much room for growth and progress within the profession of Massage Therapy. There are so many opportunities to offer better care and improve the lives of our patients. Every new grad has the opportunity to make a significant contribution to the profession.

4. What do you enjoy doing in your time away from work?

I enjoy running and fitness spending time with my family and I am currently working on my own studies as well.

5. What do you enjoy about working with the students and teaching at WCCMT?

As an instructor, I love seeing the 'AHA' moments when the students' conceptual learning meets the practical therapeutic applications. They get so excited, and that gets me excited.

6. Are there any other interesting pieces of information about yourself that you would like people to know?

no