

Constance Bos

1. Where did you go school? When did you graduate? (If you are not an RMT, list any education relevant to your teaching)

Utrecht University The Netherlands. I graduated in 1998

2. What do you do for work outside of WCCMT? (Type of RMT practice, other teaching, etc)
medical (science) writer, research

3. What inspires you about the profession of Massage Therapy?

It's a fantastic profession complementing out health care service. RMTs make assessments and propose treatment plans for a multitude of conditions.

4. What do you enjoy doing in your time away from work?

Nature, sports, outdoors, crafts

5. What do you enjoy about working with the students and teaching at WCCMT?

I enjoy teaching the biomedical sciences, learning, and communicating evidence-based subject matter to the students. I enjoy breaking down complicated concepts, packaging the information in a clear and creative format, and then delivering it in a way that captures student's interests.

6. Are there any other interesting pieces of information about yourself that you would like people to know?

Constance Bos was born and raised in The Netherlands in Europe. She began her formal biology and health science studies at Utrecht University where she graduated in 1998, completing a thesis on regulatory DNA sequences and early endosomal transport processes in specific cell lines. She has since explored the world pursuing careers in pharma, environmental health, research, health science communications, and post-secondary teaching. She has taught courses in biochemistry, cell biology, human anatomy and physiology, pathology, and research skills at The West Coast College of Massage Therapy (WCCMT), Boucher, Institute of Naturopathic Medicine, and the Physical Therapy program at Fontys University of Applied Sciences, The Netherlands. Constance enjoys traveling, crafts, nature, sports, and the outdoors. She also used to be a BCRPA certified group fitness instructor and personal trainer.