

Alicia Lee

1. Where did you go school? When did you graduate?

WCCMT (2015 Apr graduated) UFV (Kinesiology 2018 Apr graduated)

2. What do you do for work outside of WCCMT?

Deep tissue, MFR, trigger point release, Active release RMT practice, ICBC Active rehabilitation, Youtube

3. What inspires you about the profession of Massage Therapy?

I would love to share rehabilitation knowledge with people who want to achieve their personal health and fitness goals.

4. What do you enjoy doing in your time away from work?

Workout, Youtube

5. What do you enjoy about working with the students and teaching at WCCMT?

I am highly interested in sharing clinical experiences and teach students about lots of rehab exercises, so that they are able to help patients to enjoy daily life activity with pain-free.

6. Are there any other interesting pieces of information about yourself that you would like people to know?

I would love to share my kinesiologist experiences, and home care exercise