



**West Coast College of Massage Therapy Inc.**  
**West Coast College of Massage Therapy**  
**613 Columbia Street**  
**New Westminister, BC V3M 1A7**  
**Phone: 604 – 520-1844, ext. 223**  
**Email: [admissions@collegeofmassage.com](mailto:admissions@collegeofmassage.com)**

The West Coast College of Massage Therapy is designated by the Private Training Institutions Branch.  
 Introduction to Massage Therapy Does Not Require Approval

### STUDENT INFORMATION

Last Name	First Name
Mailing Address:	
Student Telephone Number	Student Email Address

### PROGRAM INFORMATION

Program Title:	Introduction to Massage Therapy		
Hours of Instruction during Contract Term	Program Duration in weeks	Contract Start Date	Contract End Date
Program Delivery: (select all that apply)	<input type="checkbox"/> In-class	<input type="checkbox"/> Distance	<input type="checkbox"/> Combined
Language of Instruction			

### PROGRAM OUTLINE

Introduction to massage therapy as a regulated health profession, demonstrations of draping, biomechanics and demonstration of massage techniques for the back.	2 hours
Review of massage techniques for the back followed by student exchanges. Demonstration of draping and massage techniques for lower extremity followed by student exchanges.	8 hours
Demonstration of draping and massage techniques for upper extremity followed by student exchanges.	
Review quiz. Demonstration of draping and massage techniques for the upper chest, neck, face and scalp followed by student exchanges. Review of draping and application of massage techniques for full body massage. Comprehensive full body massage and evaluation.	8 hours
Comprehensive full body massage and evaluation. Question period.	