



WholeBody Rebalancing™

for a longer, stronger, more graceful body

Level 1 Oct. 4 - 5 with Craig Mollins

New Westminster

West Coast College of Massage Therapy

CEU Value: CMTBC 8 PE/A1

This two-day workshop provides an intensive immersion into connective tissue manipulation. Over the two days you will learn specific techniques to address myofascial imbalances in the neck, shoulder girdles, ribcage, back, pelvis, and legs.



- Learn balanced, effective body mechanics, giving you more power and endurance in your practice.
- Learn a three-session protocol that rebalances the entire body with gravity.
- Discover how to work *in* connective tissues rather than just *on* them.



Craig Mollins graduated in 1995 from the Guild for Structural Integration, where he studied with two of Dr. Rolf's main students. He has extensive training in meditation, yoga, tai chi, and qi gong, and has studied various movement modalities including Authentic Movement, Continuum, and Rolf Movement training with Dorthee Nolte. In 2009 Craig began teaching workshops for manual therapists, and developed *Whole Body Rebalancing* to synthesize his experience and share some of what he's learned. Craig travels extensively teaching workshops, and also maintains private practices in Halifax and Toronto.

c/o Pia Baltazar

Phone 604.520.1844 ext. 231

Email: studentservices@collegeofmassage.com