



West Coast College of **MASSAGE** Therapy

Our Curriculum – Competency-Based Mastery Level Education

Since 1983, WCCMT has sought to integrate massage therapy into our healthcare system by developing qualified and responsible healthcare professionals. Our comprehensive and innovative program guides students through a curriculum that carefully balances theory and practice.

Classroom study is complemented with practical experience in our student clinic and our community outreach and inreach programs. Each of these settings provides students with an opportunity to offer remedial and preventative manual therapy services to the public. This balance between information and experience, between classroom and clinic, is central to the educational approach of the college.

This approach is guided by a philosophy of learning that emphasizes cooperative engagement and constructive dialogue. Students and faculty are encouraged to work with one another in a mutual quest for knowledge and understanding. Discussion and problem solving are embraced as essential tools in the learning process.

“Going to WCCMT to become an RMT was one of the best decisions I have made. The program was a fabulous learning and life experience which taught me how to be a front running health care professional. I also met many amazing and inspiring people and made lots of new lifelong friends along the way.

Since graduating... I am now a self employed RMT and loving my new career! I work at two different clinics and see many different conditions. I continue to learn and be amazed by my job every single day and I am so thankful for that. I look forward to continuing to live and learn in my new outstanding profession.”

~ Nicole Gospodyn

Application Procedure

Applications will be processed on a first come, first serve basis. Class space permitting, applications for the January, May and September programs should be submitted for in advance of the program start date to allow for the necessary time required to process the application. **Late applications will be accepted until commencement of classes if space is available.**

Applications must be substantially completed and meet minimum prerequisite requirements before a required Educational Interview is scheduled. Interviews are designed to ascertain suitability for the program and to clarify expectations. Out of province applicants may request a telephone interview. Academic and personal achievements, which demonstrate an ability to commit and be effective within a professional training program, will be in the applicant's favor.

Please follow the instructions on the application form carefully to ensure processing without delay. A complete application, which meets all requirements, does not constitute a guarantee of acceptance. Classes may fill months prior to the commencement of classes, so every attempt should be made to submit your application as early as possible. Applications received after the class is full but prior to the application deadline date may be placed on a waiting list or may request enrolment in the subsequent class.

For more information on the required documents to complete an application and the deadline dates please refer to our website www.collegeofmassage.com, or contact Admissions at (604) 520-1844 ext. 232.



West Coast College of **MASSAGE** Therapy

Prerequisites

Academic Prerequisite

Applicants must have a minimum of **high school graduation**, including **English 12** with a final grade of **70% +**. Applicants who fail to meet the minimum academic grade of 70% in their English 12 may take the **LPI (Language Proficiency Index)** exam to meet the academic prerequisite. The minimum LPI scores required for admission are as follows:

- **English Usage:** 5/10
- **Sentence Structure:** 5/10
- **Reading Comprehension:** 12/20
- **Written Essay:** 30/40
- **Essay Level:** 5/6

English Language Requirements

If your primary language is not English or you have graduated high school outside of Canada or the United States of America, please refer to our **International and ESL Admissions Assessment Policies**.

Practical Prerequisite

All applicants must have a minimum level of experience in introductory massage. This prerequisite can be met by the following criteria:

Successful completion of the **Introduction to Massage course** (one weekend) at WCCMT. An evaluation of the applicant's ability to learn basic skills will be conducted and the results will be forwarded to the Admissions Committee. It is recommended that this course be taken by the document deadline date to allow for the utilization of the skills prior to the start of the program. The cost of the Introduction to Massage course is \$300, which includes a \$50 non-refundable deposit. WCCMT offers this pre-requisite course one weekend every month.

Please note, the Introduction to Massage course is only valid for two years upon successful completion.



West Coast College of **MASSAGE** Therapy

Tuition, Books and Supplies

Tuition

Unlike public colleges and universities, WCCMT is not subsidized by the government and is therefore supported entirely by fees. In addition to tuition, WCCMT collects fees from the public for student intern treatments in our public clinics. While these fees do not cover the cost of operating the clinics, they do contribute to reducing the amount WCCMT is required to charge for tuition. Tuition is raised periodically, as required, based on increase in operation costs.

Tuition for WCCMT's Registered Massage Therapy Diploma program is **\$29,150** and is not subject to GST.

For further details in regards to the breakdown of tuition payments, please contact Admissions at (604) 520-1844 ext.232.

Books and Supplies

WCCMT does not supply the sales of textbooks and supplies to students; however a list of required and recommended textbooks is supplied at the start of each term. In addition to the textbooks, students are responsible for acquiring their own portable treatment table for practical homework and outreach treatment use.

Most required textbooks and general supplies are available through Visions Bookstore, 28 - 6th Street, New Westminster. The bookstore may be contacted at (604) 520-0047 or email info@visionbookstore.com.

We estimate the approximate cost of books and supplies to be \$3,000-\$4,000.



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Semester Overview

Term 1

In semester one of our Competency-Based Mastery Level program, students are introduced to Anatomy and Physiology and Musculoskeletal Anatomy which forms the core expertise base for RMTs. In addition, students are introduced to the palpation, manual and assessment skills required for clinical practice and finally, to the subjects of Ethics and Professionalism and Communication which support them in understanding and fulfilling their professional role as regulated healthcare professionals in British Columbia.

Term 2

In semester two, students continue to build on the foundational knowledge they have acquired in Anatomy and Physiology one and deepen and develop this knowledge by expanding it to include Pathology and Neurology. In semester two students also deepen and expand their palpation and manual skills and are introduced to therapeutic exercises. Additionally, in semester two students begin to integrate theory and practice by beginning their internship in our professional intern clinic where they provide relaxation oriented massage therapy to the general public.

Term 3

In semester three, students continue to build and advance their critical thinking and reasoning skills in order to support them in effective clinical management. In semester three students are introduced to numerous soft tissue complaints and conditions which RMTs typically treat. With increased knowledge and skill and the enhanced ability to integrate knowledge and skills students in term three are provided with the opportunity to begin treating soft tissue pathologies in our professional student intern clinic.

Term 4

With the deepening and enhancement of clinical skills and critical thinking abilities in semester four, students are ready to treat more challenging orthopedic and systemic conditions utilizing advanced treatment techniques typically utilized by registered massage therapists for managing these conditions.

Term 5

In semester five, students are introduced to several advanced techniques including Cranial Sacral, Mio Facial and MLD. They are also introduced in term five to the business and practice management skills they will need to support them in building and operating successful massage therapy practices as well as provided with a review of Ethics and Professionalism and an in-depth and rigorous introduction to Health Regulation which will support them in successfully completing the jurisprudence component of their provincial board exams. At the completion of semester five students are confidently prepared to undertake the CMTBC's licensure examination for entry to practice.



West Coast College of **MASSAGE** Therapy

Term Dates

The Registered Massage Therapy Diploma program consists of five terms at fifteen weeks each with a two week break in between each term. The program is offered on a full-time study basis **only**.

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January 2015

Terms ***subject to change*

- 1 – January 5, 2015 – April 17, 2015
- 2 – May 4, 2015 – August 14, 2015
- 3 – September 7, 2015 – December 18, 2015
- 4 – January 4, 2016 – April 15, 2016
- 5 – *Dates to be determined*

May 2015

Terms

- 1 – May 4, 2015 – August 14, 2015
- 2 – September 7, 2015 – December 18, 2015
- 3 – January 4, 2016 – April 15, 2016
- 4 – *Dates to be determined*
- 5 – *Dates to be determined*

September 2015

Terms

- 1 – September 7, 2015 – December 18, 2015
- 2 – January 4, 2016 – April 15, 2016
- 3 – *Dates to be determined*
- 4 – *Dates to be determined*
- 5 – *Dates to be determined*

Integrating Theory & Practice Clinical Practicum In WCCMT's State of the Art Professional Intern Clinic

For over 30 years WCCMT has been offering North America's most extensive clinical practicum training program on site in our Professional Intern Clinic.

Our Professional intern clinic provides our interns with the opportunity to integrate theory and massage skills and techniques and practice what they have learned in the classroom with the guidance and support of some of the most experienced, practicing clinical supervisors in the industry today.

Our state of the art clinical facility offers a spacious and professional reception area, 11 treatment rooms, two medical hydrotherapy tubs, two wet rooms with hydraulic tables and showers, two wet steam rooms and one dry steam room, washrooms including handicap washroom and men and women's change rooms, consultation room and clinic supervisors office.

Outreach Clinics

WCCMT offers the most diverse and comprehensive outreach program in the industry today. Developed in over 30 years of practice in British Columbia, WCCMT's sponsors and partners provide our students with the opportunity to treat a wide variety of patient populations presenting with diverse massage therapy pathologies and conditions.

Inreach Clinics

WCCMT also provides in spacious and private curtained treatment areas specialty in reach clinics for special patient populations including:

- Friends For Life
- Multiple Sclerosis
- Parkinson's
- Cerebral Palsy
- Fibromyalgia
- Pre/Post Natal



Premier Partners Program

Known and renowned nationally and internationally for excellence in massage therapy WCCMT has partnered with some of the most prestigious and high-end spas in the world in order to provide our graduates with access to employment across the globe in these world-class spa settings. Some of our premier partners include:

- The Hyatt
- The Four Seasons
- ESPA

Outreaches

WCCMT has an extensive network of outreach partnerships.

We've included a partial list of some of most long-standing partners.

- BCIT
 - Corporate
- BC Women's Hospital
 - High Risk Pregnancy
- Burnaby Association for Community Inclusion
 - Corporate and patients with physical and emotional disabilities.
- Burnaby General Hospital
 - Corporate
- Canuck Place Children's Hospice
- City of Burnaby
- Friends For Life
 - Community Centre
- George Pearson
 - Long Term Care
- GF Strong
 - Spinal Cord rehab.
- Metro Vancouver
 - Corporate
- Royal City Manor
 - Seniors Long Term Care residence.
- South Granville Seniors Centre
 - Seniors Community Centre
- Surrey Memorial Hospital
 - Corporate
- UBC – Varsity Athletics
- Vancouver General Hospital
 - Burns, Plastics and Trauma Unit



What a WCCMT Education Can Offer You!

- An opportunity to study with the founding College of Massage Therapy Education in British Columbia.
- Full accreditation with the CMTBC and PCTIA and the highest standards in North America.
- Proven exemplary performance on provincial board exams for almost 30 years.
- Highest credentialed instructors available in the field today; Medical Doctors, Ph.Ds, Doctors of Chiropractic, Naturopathic Physicians and Registered Massage Therapists.
- Instructors who are authors and contributors to the development of the body of knowledge of massage therapy in spinal orthopedics, clinical science and ethics and professionalism and leaders in the massage therapy community across Canada.
- Block transfer credits:
 - **69** with Thompson Rivers University for WCCMT graduates electing to pursue a Bachelor of Health Science degree.
 - **43** with the University College of the Fraser Valley for WCCMT graduates electing to pursue a Bachelor of Kinesiology degree.
 - **60** with Athabasca University for WCCMT graduates electing to pursue a Bachelor of Human Science degree.
- WCCMT has been recognized by, and/or received awards from the Financial Post, the Canadian Council of Massage Therapy Schools, the City of New Westminster, Friends for Life Society, and the Multiple Sclerosis Society of British Columbia.
- New Westminster campus, 35,000 square-foot facility with a modern and attractive educational environment including an extensive library, a comfortable well appointed student lounge and fully equipped academic and practical classrooms located near two sky train stations and on a bus route.
- World-class on site professional treatment facilities where clinical practicum experience includes training in massage therapy and hydrotherapy modalities.

“We have hired many graduating students from the West Coast College of Massage Therapy. Absolute Spa is Canada’s leading Spa chain. We take great pride in our five-star platinum guest service standards. We are consistently impressed with both the technical skills and also the high standards of guest services taught at WCCMT. We continue to look forward to many more graduating students in the future. Thank you WCCMT for your outstanding education and for the many successful employees we have received from your college.”

Chaline Hird, Director of Advanced Education and Training
Absolute Spa Group and Soluzione Spa Products

Student Factfinder Checklist

The following checklist is meant as a tool to help you evaluate, compare and contrast all massage therapy schools in the lower mainland and make a more informed decision before choosing the college you want to enroll with.

| | WCCMT | VCMT | VCC |
|---|---------------------------------------|-------------|------------|
| Reputation in BC | Excellent | | |
| Reputation in Canada and North America | Excellent | | |
| Years of Successful operation | 30 | | |
| Years Successfully Accredited | 20 | | |
| Board Exam Success Rate | 97% Average | | |
| Clinical Outreach Program | See Attachment | | |
| Credential of Instructors | PhD's, MD's DC's RMT's | | |
| Where RMT Instructors Graduated from | WCCMT | | |
| Employment Opportunities | Extremely high | | |
| Degree Completion Opportunities | TRU, UFV and Athabasca universities | | |
| RMT Leaders from WCCMT | Mike Dixon, Matt Furlot, John Russell | | |
| Bio Prep Course Available | Yes | | |
| Mock Board Exam Available | Yes | | |
| Assistance in finding employment opportunities | Yes | | |
| Alumni Events | Yes | | |

Once you've received the answers to all of these questions we hope that you will be able to decide on which school to choose based on facts rather than hype.

Good Luck!



Testimonials

Thanks to our training at WCCMT, I've been able to start my own business. Right now we are expanding and we have three clinics in the Victoria area. I've travelled to Spain, Portugal and England working with various national teams and various Canadian teams.

Harold Williams, RMT
WCCMT – New Westminster

After years of working in a career that did not fulfill me spiritually or physically, I knew I had to make a change for the better. I always dreamt of being a doctor but was hesitant to take the plunge. After a tour of WCCMT and being a “student for a day”, I knew that WCCMT was going to be the place that would provide me with the skills and knowledge I needed that would lead to a career in healthcare. Since graduating, I have been working out of a multidisciplinary clinic, five days a week, steadily building my patient base. The diploma has given me the opportunity to pursue a Bachelors of Health Science degree through Thompson Rivers University. Upon completion of the Bachelors degree, I will be pursuing my Doctorate of Medicine.

Renee Caines, RMT
WCCMT – New Westminster

Spa Struck has been offering services to an upscale clientele for 14 years in Vail & Beaver Creek, Colorado. Last year we began employing graduates of WCCMT and have found them to be very competent in both their technical skills as well as their interpersonal skills which are so valuable in a spa environment. Because of last year's success, we are continuing to recruit WCCMT graduates.

Scott Kilbourne, Spa Director
Spa Struck
Vail, Colorado



Questions?

Thank-you for reading our RMT Information Kit. If you're ready to apply, or have any more questions, we're here to help.

Call us as 604 520 1844 ext. 232 or email admissions@collegeofmassage.com

Ask about attending our next Open House, or spending some time here with our Student for a Day program.

Keep in Touch

 @WCCMT

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 [Visit our School Page](#)