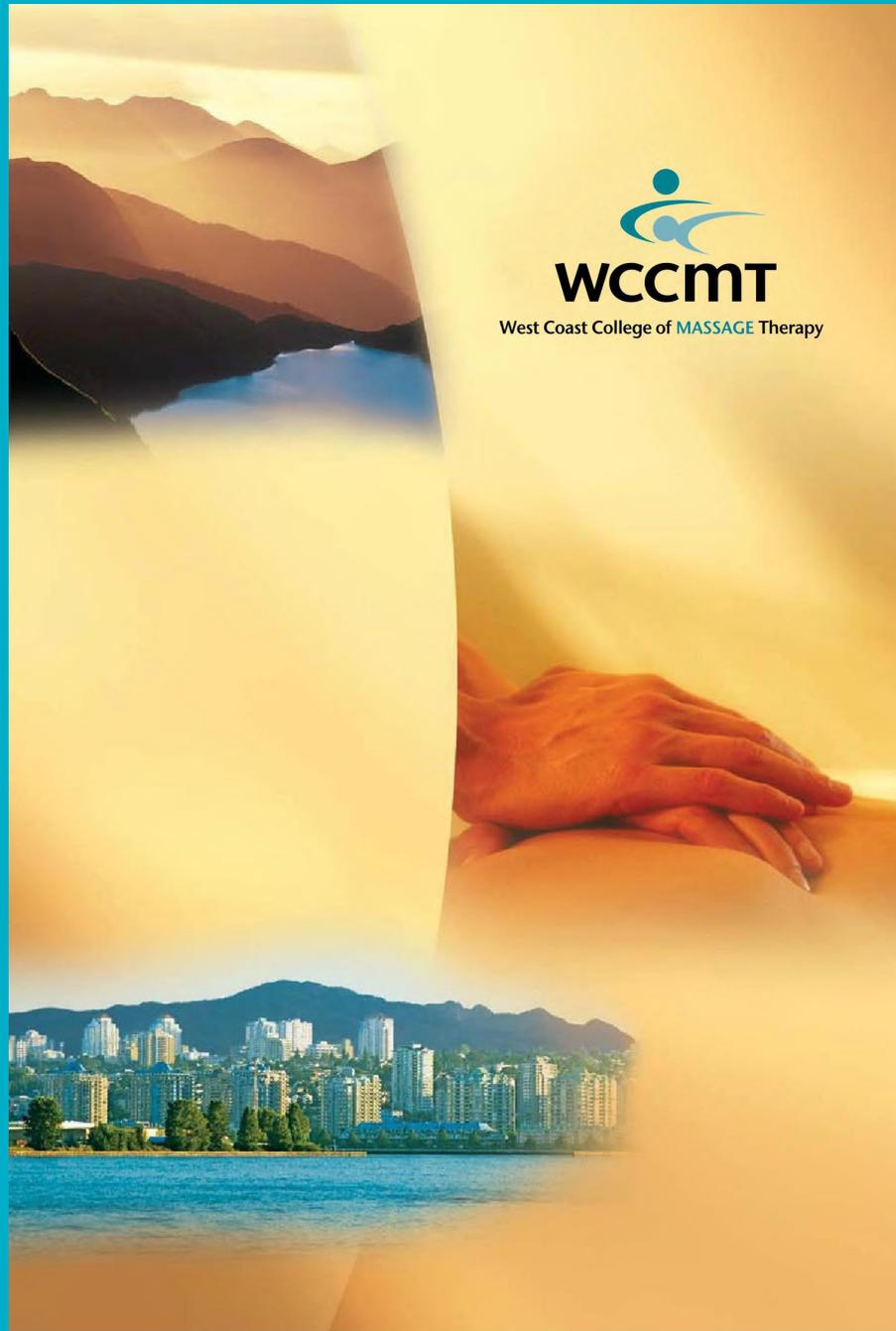


West Coast College of Massage Therapy



Competency Based Mastery Level Education



Our Curriculum – Competency Based Mastery Level Education

Since 1983, WCCMT has sought to integrate massage therapy into our healthcare system by developing qualified and responsible healthcare professionals. Our comprehensive and innovative program guides students through a curriculum that carefully balances theory and practice.

Classroom study is complemented with practical experience in our student clinic and our community outreach and in-reach programs. Each of these settings provides students with an opportunity to offer remedial and preventative manual therapy services to the public. This balance between information and experience, between classroom and clinic, is central to the educational approach of the college.

This approach is guided by a philosophy of learning that emphasizes cooperative engagement and constructive dialogue. Students and faculty are encouraged to work with one another in a mutual quest for knowledge and understanding. Discussion and problem solving are embraced as essential tools in the learning process.

"Going to WCCMT to become an RMT was one of the best decisions I have made. The program was a fabulous learning and life experience which taught me how to be a front running health care professional. I also met many amazing and inspiring people and made lots of new life long friends along the way.

Since graduating in December 2006, I am now a self employed RMT and loving my new career! I work at two different clinics and see many different conditions. I continue to learn and be amazed by my job every single day and I am so thankful for that. I look forward to continuing to live and learn in my new outstanding profession." – Nicole Gospodyn



Application Procedure

Applications will be processed on a first-come, first-served basis. Class space permitting, applications for the January, May and September programs should be submitted in advance of the program start date to allow for the necessary time required to process the application. **Late applications will be accepted until commencement of classes if space is available.**

Applications must be substantially completed and meet minimum prerequisite requirements before a required education interview is scheduled. Interviews are designed to ascertain suitability for the program and to clarify expectations. Out of province applicants may request a telephone interview. Academic and personal achievements, which demonstrates an ability to commit and be effective within a professional training program, will be in the applicant's favour.

Please follow the instructions on the application form carefully to ensure processing without delay. A complete application, which meets all requirements, does not constitute a guarantee of acceptance. Classes may fill months prior to the commencement of classes, so every attempt should be made to submit your application as early as possible. Applications received after the class is full but prior to the application deadline date may be placed on a waiting list or may request enrolment in the subsequent class.

For more information on the required documents to complete an application and the deadline dates, please contact Admissions at (604) 520-1844 ext. 223 or 248.



Prerequisites

Academic Prerequisite

Applicants must have a minimum of high school graduation, including **English 12** with a final grade of **70% +**. Applicants who fail to meet the minimum academic grade of 70% in their English 12 may take the **LPI (Language Proficiency Index)** exam to meet the academic prerequisite. The minimum LPI scores required for admission are as follows:

English Usage: 5/10

Written Essay: 30/40

Sentence Structure: 5/10

Essay Level: 5/6

Reading Comprehension: 12/20

English Language Requirements

If your primary language is not English or you have graduated high school outside of Canada or the United States of America, you are required to submit one of the following:

- **International English Language Testing System (IELTS)** with a minimum score of 6.5 on the Academic Modules.
- **Test of English as a Foreign Language – Internet Based Test (TOEFL-IBT)** with a minimum score of **18** in Listening *and* Speaking and **20** in Writing *and* Reading with an overall score of **80 or more**.
- **Test of English as a Foreign Language – Computer Based Test (TOEFL-CBT)** with a minimum score of 250.

Practical Prerequisite

All applicants must have a minimum level of experience in introductory massage. This prerequisite can be met by the following criteria:

Successful completion of the **Introduction to Massage course** (one weekend) at WCCMT. An evaluation of the applicant's ability to learn basic skills will be conducted and the results will be forwarded to the Admissions Committee. It is recommended that this course be taken by the document deadline date to allow for the utilization of the skills prior to the start of the program. The cost of the Introduction to Massage course is \$300, which includes a \$50 non-refundable deposit. WCCMT offers this pre-requisite course one weekend every month.

Please note, the Introduction to Massage course is only valid for 2 years upon successful completion.



Admissions Information Sessions

Come and receive the information you need in deciding on a career as a Registered Massage Therapist. Information sessions are approximately one and a half hours long and provide an opportunity for you to tour the school and have your questions answered by our Admissions Team!

2013 Info Session Dates

Registered Massage Therapy Diploma Program
February 26, 2013 at 6:15pm
March 26, 2013 at 6:15pm
May 28, 2013 at 6:15pm
June 25, 2013 at 6:15pm
July 30, 2013 at 6:15pm
September 24, 2013 at 6:15pm
October 29, 2013 at 6:15pm
November 26, 2013 at 6:15pm

Please register by calling (604) 520-1844, ext 223 or 248
and let us know when you would like to attend!



Tuition, Books and Supplies

Tuition

Unlike public colleges and universities, WCCMT is not subsidized by the government and is therefore supported entirely by fees. In addition to tuition, WCCMT collects fees from the public for student intern treatments in our public clinics. While these fees do not cover the cost of operating the clinics, they do contribute to reducing the amount WCCMT is required to charge for tuition. Tuition is raised periodically, as required, based on increase in operation costs.

Tuition for WCCMT's Registered Massage Therapy Diploma program is **\$29, 150** and is not subject to GST.

For further details in regards to the breakdown of tuition payments, please contact Admissions at (604) 520-1844 ext.223 or ext.248.

Books and Supplies

WCCMT does not supply the sales of textbooks and supplies to students; however a list of required and recommended textbooks is supplied at the start of each term. In addition to the textbooks, students are responsible for acquiring their own portable treatment table for practical homework and outreach treatment use.

Most required textbooks and general supplies are available through Visions Bookstore, 28 - 6th Street, New Westminster. The bookstore may be contacted at (604) 520-0047 or email info@visionbookstore.com.

We estimate the approximate cost of books and supplies to be \$2,000-\$4,000.



Semester Overview

Semester 1

In semester one of our Competency-Based Mastery Level program, students are introduced to Anatomy and Physiology and Musculoskeletal Anatomy which forms the core expertise base for RMTs. In addition, students are introduced to the palpation, manual and assessment skills required for clinical practice and finally, to the subjects of Ethics and Professionalism and Communication which support them in understanding and fulfilling their professional role as regulated healthcare professionals in British Columbia.

Semester 2

In semester two, students continue to build on the foundational knowledge they have acquired in Anatomy and Physiology one and deepen and develop this knowledge by expanding it to include Pathology and Neurology. In semester two students also deepen and expand their palpation and manual skills and are introduced to therapeutic exercises. Additionally, in semester two students begin to integrate theory and practice by beginning their internship in our professional intern clinic where they provide relaxation oriented massage therapy to the general public.

Semester 3

In semester three, students continue to build and advance their critical thinking and reasoning skills in order to support them in effective clinical management. In semester three students are introduced to numerous soft tissue complaints and conditions which RMTs typically treat. With increased knowledge and skill and the enhanced ability to integrate knowledge and skills students in term three are provided with the opportunity to begin treating soft tissue pathologies in our professional student intern clinic.

Semester 4

With the deepening and enhancement of clinical skills and critical thinking abilities in semester four, students are ready to treat more challenging orthopedic and systemic conditions utilizing advanced treatment techniques typically utilized by registered massage therapists for managing these conditions.



Semester 5

In semester five, students are introduced to several advanced techniques including Cranial Sacral, Mio Facial and MLD. They are also introduced in term five to the business and practice management skills they will need to support them in building and operating successful massage therapy practices as well as provided with a review of Ethics and Professionalism and an in-depth and rigorous introduction to Health Regulation which will support them in successfully completing the jurisprudence component of their provincial board exams. At the completion of semester five students are confidently prepared to undertake the CMTBC's licensure examination for entry to practice.

Optional Preparatory Board Examination Prep Program

In order to support our students in successfully completing their provincial board exams upon graduation from WCCMT, we offer as an optional supplement to our 20 month Competency Based Mastery Level program, a health science review course to support students in retaining and maintaining currency in their knowledge in Health Science subject areas.

Additionally, we also provide our students with the opportunity to undertake a mock board examination exercise in order to support them in retaining currency and continuing to build their skills in Clinical Sciences in preparation for their licensure examination.



Term Dates

The Registered Massage Therapy Diploma program consists of five terms at fifteen weeks each with a two week break in between each term. The program is offered on a full-time study basis **only**.

September 2013

Application Deadline: June 28, 2013

Document Submission Deadline: July 12, 2013

Terms

- 1 – September 3, 2013 – December 13, 2013
- 2 – January 6, 2014 – April 18, 2014
- 3 – May 5, 2014 – August 15, 2014
- 4 – September 2, 2014 – December 12, 2014
- 5 – January 5, 2015 – April 17, 2015

January 2014

Application Deadline: November 1, 2013

Document Submission Deadline: November 15, 2013

Terms

- 1 – January 6, 2014 – April 18, 2014
- 2 – May 5, 2014 – August 15, 2014
- 3 – September 2, 2014 – December 12, 2014
- 4 – January 5, 2015 – April 17, 2015
- 5 – May 4, 2015 – August 14, 2015

May 2014

Application Deadline: February 28, 2014

Document Submission Deadline: March 14, 2014

Terms

- 1 – May 5, 2014 – August 15, 2014
- 2 – September 2, 2014 – December 12, 2014
- 3 – January 5, 2015 – April 17, 2015
- 4 – May 4, 2015 – August 14, 2015
- 5 – September 8, 2015 – December 18, 2015



Integrating Theory and Practice

Clinical Practicum

In WCCMT's State of the Art Professional Intern Clinic

For over 30 years WCCMT has been offering North America's most extensive clinical practicum training program on site in our Professional Intern Clinic.

Our Professional intern clinic provides our interns with the opportunity to integrate theory and massage skills and techniques and practice what they have learned in the classroom with the guidance and support of some of the most experienced, practicing clinical supervisors in the industry today.

Our state of the art clinical facility offers a spacious and professional reception area, 11 treatment rooms, two medical hydrotherapy tubs, two wet rooms with hydraulic tables and showers, two wet steam rooms and one dry steam room, washrooms including handicap washroom and men and women's change rooms, consultation room and clinic supervisors office.

In reach Clinics

WCCMT also provides in spacious and private curtained treatment areas specialty in reach clinics for special patient populations including;

Eric, please ask Rich for this information and place here

Outreach Clinics

WCCMT offers the most diverse and comprehensive outreach program in the industry today. Developed in over 30 years of practice in British Columbia, WCCMT's sponsors and partners provide our students with the opportunity to treat a wide variety of patient populations presenting with diverse massage therapy pathologies and conditions.

Some of our sponsors and partners include;

Outreaches

- 1 BCIT (British Columbia Institute of Technology Burnaby) - Corporate
- 2 BC Women's Hospital – High Risk Pregnancy
- 3 Burnaby Association for Community Inclusion – Corporate and patients with physical and emotional disabilities.
- 4 Burnaby General Hospital – Corporate
- 5 Canuck Place – Children's Hospice
- 6 City of Burnaby
- 7 Friends For Life – Community Centre, patients with life threatening illnesses.
- 8 George Pearson – Long Term Care
- 9 GF Strong – Spinal Cord rehab.
- 10 Metro Vancouver - Corporate
- 11 Royal City Manor – Seniors Long Term Care residence.
- 12 South Granville Seniors Centre – Seniors Community Centre
- 13 Surrey Memorial Hospital - Corporate
- 14 UBC – Varsity Athletics
- 15 Vancouver General Hospital –Burns, Plastics and Trauma Unit

Inreaches

- 1 Friends For Life – Life threatening illnesses.
- 2 Multiple Sclerosis – 3X per week
- 3 Parkinson, Cerebral Palsy, Fibromyalgia
- 4 Pre/Post Natal

Premier Partners Program

Known and renowned nationally and internationally for excellence in massage therapy WCCMT has partnered with some of the most prestigious and high-end spas in the world in order to provide our graduates with access to employment across the globe in these world-class spa settings. Some of our premier partners include;

The Hyatt, The Four Seasons and ESPA.



What a WCCMT Education Can Offer You!

An opportunity to study with the founding College of Massage Therapy Education in British Columbia, that was responsible for the initiation and development of the medical model approach to massage therapy in British Columbia.

Full accreditation with the CMTBC and PCTIA and the highest standards in North America.

Proven exemplary performance on provincial board exams for almost 30 years.

Highest credentialed instructors available in the field today; Medical Doctors, Ph.D's Doctors of Chiropractic, Naturopathic Physicians and Registered Massage Therapists.

Instructors who are authors and contributors to the development of the body of knowledge of massage therapy in spinal orthopedics, clinical science and ethics and professionalism and leaders in the massage therapy community across Canada.

Block transfer credit, 69 with Thompson Rivers University for WCCMT graduates electing to pursue a Bachelor of Health Science degree.

Block transfer credit, 43 with the University College of the Fraser Valley for WCCMT graduates electing to pursue a Bachelor of Kinesiology degree.

Block transfer credit, 60 with Athabasca University for WCCMT graduates electing to pursue a Bachelor of Human Science degree.

WCCMT has been recognized by, and/or received awards from the Financial Post, the Canadian Council of Massage Therapy Schools, City of New Westminster in British Columbia, Friends for Life Society and the Multiple Sclerosis Society of British Columbia.

The best education in the world in two of the world's most beautiful world-class cities.

New Westminster campus, 35,000 square-foot facility with a modern and attractive educational environment including an extensive library, a comfortable well appointed student lounge and fully equipped academic and practical classrooms located near two sky train stations and on a bus route.

What a WCCMT Education Can Offer You

New Westminster campus, 35,000 square-foot facility with a modern and attractive educational environment including an extensive library, a comfortable well appointed student lounge and fully equipped academic and practical classrooms located near two sky train stations and on a bus route.

Victoria campus, 17,000 square-foot facility with an attractive educational environment in an ivy covered art deco building just minutes from downtown Victoria.

World-class on site professional treatment facilities where clinical practicum experience includes training in massage therapy and hydrotherapy modalities

"We have hired many graduating students from the West Coast College of Massage Therapy. Absolute Spa is Canada's leading Spa chain. We take great pride in our five-star platinum guest service standards. We are consistently impressed with both the technical skills and also the high standards of guest services taught at WCCMT. We continue to look forward to many more graduating students in the future. Thank you WCCMT for your outstanding education and for the many successful employees we have received from your college."

Chaline Hird

*Director of Advanced Education and Training
Absolute Spa Group and Soluzione Spa Products*



Testimonials

Thanks to our training at WCCMT, I've been able to start my own business. Right now we are expanding and we have three clinics in the Victoria area. I've travelled to Spain, Portugal and England working with various national teams and various Canadian teams.

Harold Williams, RMT
WCCMT – New Westminster

After years of working in a career that did not fulfill me spiritually or physically, I knew I had to make a change for the better. I always dreamt of being a doctor but was hesitant to take the plunge. After a tour of WCCMT and being a “student for a day”, I knew that WCCMT was going to be the place that would provide me with the skills and knowledge I needed that would lead to a career in healthcare. Since graduating, I have been working out of a multidisciplinary clinic, five days a week, steadily building my patient base. The diploma has given me the opportunity to pursue a Bachelors of Health Science degree through Thompson Rivers University. Upon completion of the Bachelors degree, I will be pursuing my Doctorate of Medicine.

Renee Caines, RMT
WCCMT – New Westminster

Spa Struck has been offering services to an upscale clientele for 14 years in Vail & Beaver Creek Colorado. Last year we began employing graduates of WCCMT and have found them to be very competent in both their technical skills as well as their interpersonal skills which are so valuable in a spa environment. Because of last year's success, we are continuing to recruit WCCMT graduates.

Scott Kilbourne, Spa Director
Spa Struck
Vail, Colorado

*The Best Choice
in Registered Massage Therapy Education
for almost 30 years!*



www.collegeofmassage.com

WCCMT New Westminster

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New Westminster BC, V3M 1A7
T 604 520 1844 ext 223 or 248
TF 1 888 449 2242 ext 223 or 248

WCCMT Victoria

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Victoria BC, V8T 5L2
T 250 381 9800 ext 224