



Canadian College of **MASSAGE** and Hydrotherapy

## REQUIRED/RECOMMENDED TEXTBOOKS

**NOTE:** All textbooks should be purchased in the most recent edition.

REQUIRED TEXT	APPLICABLE COURSES	COST*
<i>Orthopedic Physical Assessment</i> ; Magee	YR1 - CA1, CA2, YR2 - CA3, NAP1, CAP, NAP2	\$140
<i>Standards of Practice</i> ; CMTO	YR1 & YR2 All Practical classes	Download
<i>Clinically Oriented Anatomy</i> ; Moore & Dalley	YR1 - GAP, CA2, MST2, YR2 - CAP	\$123
<i>Trail Guide to the Body</i> ; Biel	YR1 - GAP	\$82
<i>Clinical Massage Therapy</i> ; Rattray & Ludwig	All Practical classes	\$134
<i>Outcome Based Massage</i> ; Andrade	YR1 - MST1, MST2	\$58
<i>Code of Ethics</i> ; CMTO	YR1 & YR2 All Practical classes	Download
<i>Ethics and Professionalism</i> ; Paiva	YR1 - MST1, PP1, CA1	\$65
<i>An Introduction to Heat &amp; Cold as Therapy</i> ; Fowlie	YR1 - H2O	\$60
<i>Modern Hydrotherapy for the Massage Therapist</i> ; Sinclair	YR1 - H2O	\$85
<i>Joint Play the Right Way</i> ; Dixon	YR1 - MST2, YR2 - MST3, CAP, MST4	\$60
<i>Therapeutic Exercise Foundations &amp; Techniques</i> ; Kisner & Colby	YR1 - MST2, YR2 - MST3, TEX, CAP, MST4	\$125
<i>Making Sense of Research: A Guide to Research Literacy for Complementary Practitioners</i> ; Menard	YR1 - RLT	\$110
<i>Accessibility for Ontarians with Disabilities Act</i> ; Government of Ontario	YR1 – PP1, Clinical Practicum YR2 – PP2	Download
<i>Health Care Consent Act</i> ; Government of Ontario	YR1 – PP1 YR2 – PP2	Download
<i>Massage Therapy Act</i> ; Government of Ontario	YR1 – PP1 YR2 – PP2	Download
<i>Personal Health Information Protection Act</i> ; Government of Ontario	YR1 – PP1 YR2 – PP2	Download
<i>Regulated Health Professions Act</i> ; Government of Ontario	YR1 – PP1 YR2 – PP2	Download
<i>Standards of Practice; Policies; Position Statements; Bylaws</i> ; CMTO	YR1 – PP1 YR2 – PP2	Download
<i>A Massage Therapist's Guide to Pathology</i> ; Werner	YR1 - SAP1, YR2 - NAP1, SAP2, NAP2, SAP3	\$89
<i>Principles of Anatomy &amp; Physiology</i> ; Tortora & Derrickson	YR1 - SAP1, YR2 - NAP1, SAP2, NAP2, SAP3	\$250
<i>Massage Therapy &amp; Medications</i> ; Persad	YR1 - MST2, SAP1, YR2 - MST3, SAP2, MST4, SAP3	\$11
<b>TOTAL</b>		<b>\$1,397*</b>



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RECOMMENDED TEXT	COURSE	COST*
<i>Atlas of Human Anatomy</i> ; Netter	GAP	\$98
<i>Kinesiology of the Musculoskeletal System</i> ; Neumann	GAP, CA2	\$108
<i>Muscles: Testing &amp; Function</i> ; Kendall	CA2	\$117
<i>Management of Common Musculoskeletal Disorders</i> ; Hertling & Kessler	MST2, MST3, CAP	\$124
<i>Myofascial Pain &amp; Dysfunction: The Trigger Point Manual</i> ; Travell & Simmons	MST2, MST3, CAP	\$222
<i>Therapeutic Exercise: Moving Toward Function</i> ; Hall & Brody	TEX	\$32
<i>Therapeutic Exercise for Musculoskeletal Injuries</i> ; Houglum	TEX	\$150
<i>Integrating Research and Practice</i> ; Dryden	YR1 - RLT	\$90
<b>TOTAL</b>		<b>\$941*</b>

<b>Required + Recommended TOTAL</b>	<b>\$2338*</b>
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\*Costs are approximate and subject to change

**Textbooks cannot be purchased at the College. Prior to beginning each course, it is the responsibility of each student to obtain the required textbooks.**